

The LAST GHANCE Health Report

When there is no where else to turn and getting well after Nutrition and Medicine have failed, this is the last stop...the final station, for information that works. This is a Health Newsletter by Sam Biser, the man who talks to doctors with unknown cures.
Volume 6, Number 6



What you are looking at is "scientifically impossible."

But it is happening anyway.

According to the experts, the shape of a person's head and face cannot re-form once the bones have matured.

The experts are wrong.

I know, because what they say cannot happen is happening to me.

All my life, for 44 years, my head was extremely narrow.

Then, in July of 1995, I began a new treatment created by Dr. Dean Howell, called "neuro-cranial restructuring."

In only 15 months, this treatment has so changed my appearance that people who once knew me from the past no longer recognize me. Readers who should know me will stand two feet away and not know who they are looking at. When told it is me they are looking at, they think the person telling them is joking and they do not believe it.

One friend who hadn't seen me in a while was shocked when he first saw the change.

He refused to accept it. He would only say, "God sure did something." His hands were so shaking from the shock of a different "me" that he accidentally dropped a glass of water all over the restaurant table.

Friends in Virginia think I look different because I shaved off my beard and mustache.

That's absurd. I do look better without my beard, but a narrow face is a narrow face, whether you shave it, or you don't. Also, my beard was not thick and bushy, but very thin. When I first went to Dr. Howell, in June of '95, my face was narrow. I also didn't feel too well.

By November of '95, my face was just beginning to expand in the center.

In the final picture, taken almost a year after the first, there was tremendous expansion across the cheek area. My forehead became much broader. My eyes were no longer deep-set. My whole appearance was transformed. My face looked softer.

Can your doctor create these changes?

Don't even answer. No one can. Not plastic surgeons. Not medical doctors. Not chiropractors. Not cranial osteopaths.

Except Dr. Dean Howell. And now he wants to teach his work to the doctors of the world.

If I had a disease and said that Dr. Howell cured me, you might claim that the cure was "mental", and that maybe it occurred because I liked Dr. Howell.

But my bones are not "impressed" with his personality. They don't know any better. Every month, in response to his skull treatments, they continue to change their shape.

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I am not done yet.

My forehead and the middle of my face are continuing to widen greatly, and my cheekbones keep rising from the deep. The cheekbones that are coming out of hiding are not plastic implants - but my own.

The hook that I had at the top of my nose is almost gone.

How do I like all this? I love it. For the first time in my life, I am starting to hear the word handsome. And my wife, who never said much about my appearance, now calls me her "beast."

I know what these treatments did for me. I also know what it did for dozens of patients I talked to.

Now I want the same benefits for all my readers, and for all mankind.

"Medicine and natural healing treat the body as if it were HEADLESS. Unfortunately, your skull shape controls your mental abilities, personality and many of your diseases."

BISER: Why can't other doctors in natural healing or medicine produce the results you did in me?

HOWELL: Because doctors regard the skull as merely a piece of bone that protects the brain - and that's it.

To them, the skull is medically unimportant. Other than bone breakage or skull fractures, doctors are not interested in what the skull looks like. Doctors of all kinds think the shape of the skull just doesn't matter, and that it has absolutely no effect on brain function or health. But they are so ignorant.

BISER: If the shape of the skull bones is as important as you say, then how did it get overlooked?

HOWELL: The problem is this: Everyone---doctors and patients---regard biochemistry as the primary and usually the only thing that affects human health and disease.

We worry about hormones, vitamin deficiencies, infections, tumors, and so on - as if nothing else mattered---or as if nothing else regulated our health.

Physical medicine is considered to be "secondary" medicine. Drugs and surgery are considered primary. Anything to do with bones is thought to be of lesser importance than body chemistry.

This view is incorrect.

What people don't realize is that when your structure (the bones of your skull and elsewhere) is off, this by itself creates bad chemistry. The only way to correct the biochemical problems created by a bad skull is to work on the skull. If this is your main problem, nothing else will help to any great degree.

"Doctors don't know how to correct serious distortions in the skull - if they even wanted to. You cannot do it with drugs, vitamins, or by any technique now used in the natural field."

BISER: What do you mean when you say that bad structure can change a person's body chemistry?

HOWELL: Let me give you a recent case I had, and then I can explain its significance. There is a ten-year-old learning-disabled boy from Colorado I just worked on.

This boy had been a problem student. The month after I treated him, the boy's dad told me the whole special education department in his school was amazed by the changes his son has made since October.

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The school has been asking the Dad to figure out if there's a way that they could bring me in to Boulder to work on all the other kids in the school district that are having similar scholastic problems.

BISER: What was the problem with his son?

HOWELL: He was viewed as autistic and he was having learning disabilities; so he wasn't retaining his class-work, and he didn't have good eye-to-brain coordination. He would see material and not remember it.

BISER: What happens now?

HOWELL: Now he remembers. Now he is more socially interactive, is better able to verbalize his feelings. These are all things that he couldn't do before and he seems to be less dyslexic. His brain had been pinched. It didn't work right, so they said, "he's autistic," "he's learning-disabled," "he's hyperactive," "he's dyslexic."

BISER: People think skull shape is like personality - we all have a different one, and it doesn't matter. But no one thinks skull shape can actually determine health.

HOWELL: I disagree. It does matter, because when you change the shape of a person's head, their nervous system responds differently and they behave differently, too. Like the autistic boy; he is not the same kid he was before I worked on him. He's still Tim, but now Tim...

BISER: He's a better Tim?

HOWELL: He's a Tim that's more functional at school; he's a Tim that gets along with his brothers and sisters better. He's a Tim that's more cooperative for his parents when they ask him to do chores around the house; he's a Tim that doesn't throw tantrums in frustration any longer. He's a Tim that doesn't get angry the way that he used to, and the only thing that's been different is that we've changed the shape of his skull, just like I changed yours.

I never gave this boy any medicines, and I didn't talk to him about his problems. Obviously, the chemistry and functioning of his brain has changed - and all I did was work on his skull.

"One 85-year-old man was so senile, he was a vegetable who drooled saliva. After I worked on his skull, he now smiles and cracks jokes."

BISER: What does skull shape have to do with chemistry?

HOWELL: Everything, because the skull contains the most precious tissue in your whole body - -- your brain. The skull is a container for the brain and the fluids that flow through it. There is a small membrane lining the inside of the skull, and the brain has to fit inside of that.

Imagine your brain as a sponge. Now, if you have a round sponge in a square box, there is a squeezing of the sponge, and a restriction (or mis-direction) of fluid flow within the crimped areas of the sponge.

I call it Howell's #1 Law of Brain Function: Fluid distribution is determined by the shape of the vessel.

BISER: So you are saying that the shape of the skull helps determine the flow of blood through the brain?

HOWELL: Absolutely. But it's more than that. Blood is not the only fluid in the brain. Brain tissues need more than nourishment and waste removal to be healthy. They also need to communicate with one other.

BISER: And this communication occurs by electrical signals sent down the "wires" we call nerves, right?

HOWELL: That's only part of the story.

The brain *also* sends neuro-transmitters and other chemical messages through a highly-specialized brain liquid called cerebro-spinal fluid.

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Consider this fluid like a modem that computers use to communicate with faraway computers.

But instead of electrical messages, these are chemical messages. This fluid is manufactured in your brain, and it's a thick syrup, like the "karo" syrup people use in the kitchen. It flows down the spinal column and is absorbed at the base of the spine and recycled.

BISER: How does this fluid get around from one place to another?

HOWELL: It is the motion of the skeleton that propels the fluid.

The skull that surrounds your brain is a pump, just like the heart - only it's a different kind of pump.

The heart pumps blood by way of muscle action. But the skull pumps nerve fluid (cerebro-spinal fluid) by the moving of bones. The bones of this pump move *outward* as you breathe in fresh air, and they move *inward* as you exhale.

It's as if the brain was being lightly massaged by the motion of the skull plates.

"Until I corrected this man's skull shape, the breathing center in his brain did not work properly. He was in danger of suffocating to death every night he went to bed."

BISER: So what does skull shape have to do with this pumping action?

HOWELL: All pumps depend on their *shape* for their efficiency.

A pump that is symmetrical distributes fluid far better and more *evenly* than one that is bent or misshapen. If you don't believe me, bang up the chambers of some pump, and see if it works as well. It won't.

Your destiny, how quickly you learn, whether you feel over-emotional all the time, whether you are emotionally flat and dull, whether you feel "uptight", or whether you feel "easygoing" - all this can be determined by the *flow* of fluids through your various brain control centers.

And the flow of fluids in your brain is controlled by physical laws and mechanical pressures. For instance, there is a basic law of fluid dynamics called "Bernoulli's Law" - and it has everything to do with your happiness.

BISER: Aren't we getting a little too technical here?

HOWELL: Not at all. Bernoulli's Law is simple, and affects all readers so greatly, that they need to understand it.

Bernoulli's Law says that if a fluid (water or anything else) flows through a restricted area like a pipe, then the fluid will speed-up as the pipe gets narrower.

BISER: So what does this have to do with human beings?

HOWELL: Well, if there is compression in different control centers in your brain, the fluid could accelerate and flow by too quickly. Either that brain center would get too much stimulation, or possibly the fluid flow could be so quick that nerve stimulation doesn't occur properly.

For instance, what if one of your emotional control center is over-stimulated? It could mean that you feel anxiety when you are out in groups of people, while others feel relaxed. It could be coming from your skull.

Here's something else. Scientists have discovered an area in the brain you could call "the happiness center." It was reported by John Stossel on ABC on April 15th, 1996.

The amount of electrical activity in this brain area helps determines whether you feel happy or not. We all know some people who feel happy and lighthearted, even though their lives are not all that great. And then there are others who have great marriages, plenty of money, etc., yet somehow, they never look happy - and never are.

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You can do all the positive thinking you want, but if the flow of blood and cerebro-spinal fluid to this center is affected, you may never feel quite right.

This happiness area is located on the left front part of the brain. Interestingly, this is where most of my patients have a lot of skull compression, and this is also the area which is squeezed the most when the baby's skull rotates as it comes out the birth canal.

It comes down to this: We all know shape absolutely matters when you design an airplane or a car. But no one realizes that shape also matters for the human skull.

Let me give you another case, and you'll see what I mean.

The man's name was Phillip and he had a problem with the breathing center in his brain. You met him in my office.

BISER: Oh yes, I remember him. He was suffering from a disorder called 'sleep apnea.'

HOWELL: That's right. Sleep apnea is a condition in which the person stops breathing while they sleep. It can be fatal. Phillip had it 40 times an hour. It was so bad the doctor told him that if he didn't get a special breathing machine immediately, he could have a stroke or die any night he went to bed.

They gave him a lifetime prescription for a machine you are hooked up to while you sleep, so you don't stop breathing. It has a mask you wear over your face.

Doctors also wanted to do surgery to remove the entire soft palate of his throat. They wanted to remove the tonsils, adenoids, everything all the way down his throat. But people have this done - and *still* have apnea.

After his fourth treatment with me, the apnea was gone. He used to have to take all kinds of medications before he went to sleep and after he woke up. Now he doesn't need to take anything.

Doctors had given him MRI's, brain scans, and so on, and could not find *anything*. All I did was work on his skull, and correct the mechanical pressures on his brain.

BISER: Phillip was incredibly excited when I talked to him. Imagine, four treatments with you and a lifetime problem is cured. He told me he used to wake up almost paralyzed two to three times a week, and that's gone too. Tell me, does this treatment help people who just want to breathe better?

"As the skull moves, it also changes spinal curves in the upper back and releases spastic back muscles. Then breathing becomes transformed - without any conscious effort."

HOWELL: It sure does. I worked on one graduate student from Indiana, and he comes in the next morning and says, "I didn't expect these things to happen." I said, "Are you having side effects?" And he said, "No. No. No. I can breathe deeper than I thought people could breathe."

He also told me, "I feel different in my chest; it feels like its bigger and more relaxed."

People even report that their clothes fit differently because their posture change makes their rib cage ride differently. One guy said his shirt-tails hang differently and his pants fit differently too. When you work on the skull as vigorously as I do, these changes in the chest can occur in less than four days.

When I start, I notice people breathing shallow. Then, as the skull and chest muscles release, I notice their whole diaphragm moving. They feel it all the way down into their groin. You can take all the deep-breathing lessons you want, but you can't make the body breathe in a way it is mechanically incapable of doing.

I've also helped asthma patients. I had a real-estate man with asthma who told me he doesn't have to wake up anymore at one in the morning just to use his inhaler, which he's been doing for the last twenty-five years.

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BISER: You mentioned spinal curves, so I'd like to ask you: what do you think of chiropractic?

HOWELL: They don't treat the *true* cause of people's problems. That's why their patients have to come back for years and years - for the same misalignment.

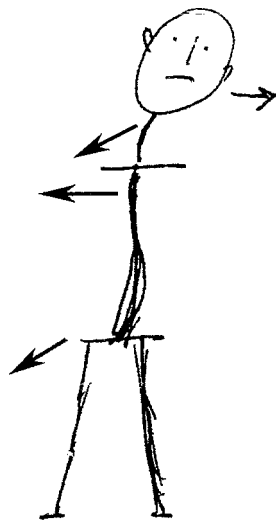
BISER: How can you say that? Don't a lot of people get relief by having their spinal bones moved back in place?

HOWELL: It's usually short-term relief which won't hold.

BISER: Why is that?

HOWELL: Because the body deliberately moves the spinal bones out of place to stabilize itself, so it won't fall over. As soon as the chiropractor pushes the bones back in, the body re-asserts itself and moves them out again, even if this causes pain.

The body prefers pain to falling over - which is dangerous for human survival. If you couldn't walk or stand-up, you couldn't hunt or run away from predators. Balance is lifesaving to the human species.



You have to remember that the skull is like an 8-10 pound bowling ball sitting on top of a pool stick. If the body didn't balance the ball on top, you'd fall over, and have to crawl on the ground, instead of walking.

So, to balance the human body, the brain moves the bones and changes the spinal curves. For instance, if your head tips forward and to the left, the pelvis may drop to the right, and the spine will change curves to throw some of your weight backwards - like a counterbalance.

BISER: Where do the muscles fit into this?

HOWELL: Here's how: Most people's heads are not centered over their necks, and the head shape is not symmetrical like it should be.

So their head wants to roll off to the side. But the brain doesn't like that, so it starts tightening muscles - just like you use a cable to hold up a tree in the orchard.

So if your head tips to the left, the muscles on the right side are usually tighter. Much tighter. And, if your head is too far forward so that it wants to flop down, then the muscles across the back of the neck are really going to be tight, because they are pulling the skull backwards.

The muscles are the body's *back-up* system to fight gravity. All the tight muscles are trying to do is to hold up the body when the bones can't support your weight. The muscles are like the guy wires holding up a crooked tree.

The real answer is to realign and reshape the skull, not to massage the muscles, or pop the vertebrae. People go, "Bad muscle. Bad muscle", because it's tight and so sore, but the true cause often lies in the distorted skull.

Chiropractors, massage therapists, and everyone in physical therapy is ignoring gravity and ignoring the skull.

They relax muscles that should be tight - and the person feels temporarily better, but the body is *worse*.

They move bones back in that are *supposed* to be out. The neck or back pain goes away for now, but the skull and spine are less stable, and under *more* stress.

Moving bones back in that *should* be out is like removing the flying buttresses that support a cathedral. The human body adapts by

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creating worse curves (a sicker, less healthy "balance") to try and avoid falling to the ground. The *local* symptom may be gone, but the *whole* system has begun to degenerate.

If we treated our buildings the way we treat the skull and spine, all our buildings would collapse. Engineers I talk to understand this. So do lay people. Doctors don't.

BISER: One question before we move on: How does the brain know how to balance the body, how many degrees off it is, and what it needs to do to balance itself?

HOWELL: This is accomplished at the base of the brain, in the brain stem, working through sensations triggered by the balance organs. These are the semi-circular canals in your ears.

These canals have fluid in them, and tiny hairs to sense motion, and they work like carpenters' levels. There's three of them in each ear that are set at different angles. So you always can tell where your body is in relation to gravity.

Your brain receives a constant stream of data from your ears telling it how to balance you.

So, continuously, your balance organs are making your body compensate to make sure you won't fall over. And, if you have someone that depends on a walker or a cane to walk, you realize they are at the outer limit of their body's ability to continue compensating.

If these people don't use physical aids, all you have to do is give them a little push with one finger and they fall over - just like a tree that got bent to one side too much.

"When you correct the shape of the skull so it balances better on the spine, severe scoliosis will change in days - sometimes in one treatment."

BISER: Can you help people who've deteriorated this far?

HOWELL: Yes I can. I remember a lady who was eighty-six, a retired hairdresser, who gave up her cane after two days of therapy, handed it to her daughter and said, "Put it away, I don't need it any more." Her daughter said, "Are you sure, Mom?" "Course I'm sure! Don't give me any lip, girl!" And she was fine.

I helped my own mother, who had scoliosis (severe spinal curvature) that got worse after a car accident.

Last month, my mother was hit by a car, when she was on her bicycle. When I first treated her two years ago, she had a tendency towards scoliosis, but now it was much, much worse. Her scoliosis measured from the side was probably around three inches. Her spine was curving sideways, three inches off center.

We're talking about gross spinal changes I showed to my sister as we looked at my mom from the back. I said, "Look at that." She goes, "She's all crooked," and I said, "That's scoliosis!"

I worked on her head, and I had to use quite a bit of pressure, because she was hit by this car and hit the pavement so hard. Her skull plates were jammed together. Once I finally muscled through that skull problem, her back is absolutely straight.

BISER: How long did it take you to do that?

HOWELL: In two treatments, she was straight again.

The scoliosis was a response to the blow to the head.

The blow moved the head so far off center that the *only* way her body could stay upright was to put her pelvis 3 inches off to the *other* side to balance itself.

BISER: So a chiropractor could have worked on her spine for years, but the true cause was in the skull.

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HOWELL: That's exactly right. If a doctor doesn't understand the central role of the shape of the skull, there's a lot of people he'll *never* get well.

As a healer, you have no clue as to what symptoms will vanish when you start changing the skull shape. For example, there was one farmer that I worked on who had lived in the same house all his life and he was about seventy.

After I worked on him, he said, "Heard the train whistle this morning?," and I said, "So what? I heard the trains, too., they're really loud around here."

He said "You don't understand; I haven't heard it for thirty years, but I heard it this morning."

BISER: After how many treatments?

HOWELL: That was after his second treatment.

"Whenever my treatment changes the skull shape, there is also an emotional change in the patient. But control freaks don't like that."

BISER: One thing that amazed me whenever I visited your office was that some patients glowed and crowed about how much you helped them, and how no one else had, but then they said they didn't know if they had the courage to come back again. Now, I've had your treatment numerous times, as rough as you can give it, and it's no problem. So what are these people afraid of?

HOWELL: They're afraid of the emotional changes the treatment causes. They want their symptoms to go, but that's all. They don't want *anything* else to change.

BISER: What do you mean by "change"? All we're talking about is moving some skull bones, right.?

Note from Sam Biser: I refer doctors and readers to an recent article in Newsweek, June 3rd, 1996, or see Reader's Digest, December 1996, entitled, "What Makes Us Attractive?" It backs up what Dr. Howell has been saying in this interview

HOWELL: That's what I used to think too. Just a bunch of bones. I never used to think that I could affect emotions. It was after doing this for years that I started realizing it was the norm.

Women who were being verbally abused started standing up for themselves. People who were chronically depressed stopped feeling depressed. People who had learning disabilities started seeming smart.

People who had chronic anxieties stopped feeling so anxious. People who had stage fright stopped having stage fright. I was never asking them about these problems.

They would volunteer the information later, saying, "You know, I used to be like this, and it's gone now" And all I was doing was mechanical stuff.

I was amazed that these other things were happening. I didn't start out with this concept in mind.

BISER: Plus, as you told me at dinner once, when you did this to yourself, you also had emotional reactions.

HOWELL: Oh, I had lots of flashbacks and I had lots of emotional change. Lots. I'm pretty sure it wrecked my marriage, because I grew so much, and my partner didn't.

BISER: People don't understand that as you change the bone, you change the person. They think it's just shape, but no one in aeronautics would say, "It's just the shape." Planes fly or crash depending on shapes.

HOWELL: And in a way, so do people.

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"Unless you release the skull, the bad emotions are re-created, and re-created, and re-created. You can't talk the problems out of the person, anymore than you can talk dents out of a car."

BISER: Why does changing skull shape change emotions so much? I remember that my wife, Sandy, burst into tears after one treatment, remembering how crummy life was with her first husband. She thought she was mature, and had let all that go and it was in the past.

HOWELL: But it was *still* inside her - physically.

You see, doctors and your readers don't understand that the emotions and the physical are one. You cannot *separate* them. Every time you have an emotional trauma, there is a tightening of the physical membrane around the skull. This pulls the bones into a slightly different position, and eventually alters their shape.

This places physical, mechanical pressure on the various brain control centers we talked about earlier. Now, you can intellectually tell yourself you are *over* something.

But that doesn't mean the physical damage to your skull has disappeared. Usually, it is still there.

Every emotion has a physical effect. Never forget that. Defeated people look defeated. It's in their face, and in their posture that their skull dictated. Their structure is different than before. Happy people look happy. Their skulls are different, and consequently, so is their posture.

When I release the skull, I change the fluid flow in the brain, and release the pressure on control centers. This physically releases the emotional trauma, and the patient briefly *re-experiences* the pain they went through.

I tell patients this is going to happen, and they say, "Yeah, Yeah. It's no big deal." Then they come back the next day and say, "I can barely sleep. I've been crying all night. One 83-year old man cried for three days, most of the time, and then he smiled for the first time in 15 years.

Emotional trauma becomes physical trauma, just like recording music on a compact disc.

I treated a woman who had twenty years of psychotherapy because of a harshly abusive childhood. She used to have her face scraped with hat pins by her step-mother for being bad, as well as being whipped with belts and hands. Plus the usual verbal abuse.

She'd also witnessed her mother's attempt to commit suicide - before she was taken away from her mother as a four-year old. She went through years and years and years of psychotherapy.

She said she feels much better emotionally from ten treatments with me compared to six or seven hundred therapy sessions with various counselors, psychiatrists, and psychologists. And I never discussed her problems; I just released the physical trauma from her skull.

BISER: This all sounds so purifying and beneficial; why would some people run away from something as healing as this?

HOWELL: Because the control freaks want to control everything, and they can't control *how* they will feel after the treatment. It changes your emotions, and you don't know *how* until you get there.

Getting the treatment is like walking through a curtain and you don't know what's on the other side. The treatment mechanically forces you to confront feelings that start pouring out as the head releases. Some people cannot deal with that - so they stop. It's their loss.

BISER: Why has it been so hard to get doctors to study this new science?

HOWELL: Because doctors are afraid of change too. Just like the patients.

One doctor told me, "How can I do this? I'm scared. It will completely change my practice." And I said, "How can you see what this does for human beings and NOT do it?"

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Doctors are financially used to seeing perhaps 30 people a day, and these patients come back and back, because they never get cured. With this treatment, the doctor can only work on perhaps 12 patients a day, and they get cured, and never come back. But the doctor can adjust his fees accordingly, and find new patients.

What's the matter, aren't there enough sick people out there?

Another problem with doctors is that they have been taught that skull shape is insignificant, and that the shape is permanent anyway - and can't be changed.

But these are assumptions, not facts.

I've seen a huge ridge on an old man's forehead flatten out in one treatment.

I saw a crater in the top of someone's skull disappear after a single adjustment.

I saw the straight, flattened side of a woman's face open up and begin to round out after a big adjustment with a huge crack as the bones moved outward.

I've seen ridges on the top of the head, and pointed heads, all go to smooth rounded bone as the abnormal pressures on the bone plates was released.

This stuff happens every week.

And we know what has happened to you. But that all doesn't matter if the doctors don't believe it can happen.

BISER: You mean to tell me there are doctors who can look at patients with changed faces and deny anything happened from your skull work?

HOWELL: That's absolutely right. I've got a patient named Scott, who I've been treating for years. His skull is so enlarged that his dental arches have widened, and his crooked teeth have straightened out - just from the larger skull.

Scott goes in to the dentist, who he hasn't seen in two years, and the dentist says "Beautiful work! Who did your orthodontics? This is great. God, it is fantabulous. You look so good."

Scott said, "I haven't seen any dentist since I've seen you. When was I last here?" The doctor says, "Stop lying Scott. I *know* you had ortho." Scott said, "I haven't. I've been having cranial manipulation." The doctor says, "Cranial manipulation doesn't do anything. I know you had ortho."

He said "I *haven't* had ortho. Cranial is all I had done. That's why my teeth moved. The doc says, "You're lying to me. Stop lying." That was a year ago. Scott went back for his annual checkup and the guy said again, "Now tell me the truth, who did the ortho?"

"You cannot understand how much BETTER your brain will work until you release your skull. It's like trying to imagine the color purple before you ever saw it."

BISER: How does your work compare to therapies like cranial-sacral therapy?

HOWELL: Cranial sacral therapy and all the others are utterly *trivial* compared to neuro-cranial reconstruction.

This work causes vast, enormous bone changes in days that cannot be accomplished by outdated methods such as cranial-sacral therapy. My work changes the sphenoid bone, one of the major bones in the skull, and this bone cannot be accessed by the external massage-type methods used by others. Also, I use multiple layers of quite-strong balloons never used before. These are inserted into the nose for about ten seconds and produce great leverage in cranial bones.

Also, my system of analysis and treatment stabilizes the entire spinal column so that the patient benefits are permanent. From what I have seen of other work, the changes are quite small, and don't last.

The LAST GHANCE Health Report

When there is no where else to turn and getting well after Nutrition and Medicine have failed, this is the last stop...the final station, for information that works. This is a Health Newsletter by Sam Biser, the man who talks to doctors with unknown cures.
Volume 6, Number 6

In addition, I have thousands of before and after pictures of patients with changed faces that no-one from any therapy could produce. For example, I am treating a woman named Theresa, who was a cranial "poster child." She had the best cranial treatments in the nation, was documented, measured and shown off.

Then she came to me. On the very first treatment series, she had an emotional flashback and release from a head injury in which her head was jammed in a door that banged shut from the wind. Her emotional release was intense and incredible. This had never happened before.

She goes back to her cranial doctor, and he says, "What have you done? You look different. I've never seen you like this?" She went to her dentist, who had to remake and remake her dental appliances, because her arch kept expanding from the treatments.

Her own fourteen-year old son (and kids *don't* compliment their moms) said, "Mom, you look so much younger; what have you done?"

BISER: Some cranial doctors have complained that your work is intrusive and too intense. What do you say?

HOWELL: Of course it is. That's why it works. I am intruding on a skull pattern that is not working. My goal is to make permanent changes in people's skulls and people's lives - not to cater to their fears.

If you want soothing treatments, take a hot bath. But if you want to be cured after being a reject from other therapies, then release your skull. You decide.

Last words from Dr. Dean Howell...

HOWELL: It is time for doctors to change from a "chemical-only" to a *mechanical* view of the body. Human suffering cannot be released *until you* work on the skull.

There is an *optimum* skull shape designed by nature, and until you approach this shape (broad face, high cheekbones, wide forehead, symmetrical balanced features) a human being cannot use the full potential of his brain or personality- due to mechanical pressures.

The only *side-effect* of this treatment is that you become more attractive. What is wrong with that?

For more information about NeuroCranial Restructuring and also QXCI treatment with Dr. Howell, please see www.drdeanhowell.com.

For Dr. Howell's book, videos or CD-ROM, please see www.howellcanyonpress.com. For patient appointments or doctor training, please call (888) 252-0411 or write: